

Psychologists

The psychologists working in the clinic are in their fifth year of training in psychology, specialising in Clinical Psychology or Professional Psychology. They have either provisional or general registration with AHPRA. Their supervisors are experienced clinical psychologists.

Fees

USC is pleased to be able to offer the services of the USC Psychology Telehealth Clinic free of charge.

Referrals

The USC Psychology Telehealth Clinic accepts referrals from a wide range of health care professionals and organisations. Members of the public are welcome to make an appointment directly with the clinic for psychological assessment and treatment. All services are provided by phone or videoconferencing. Please contact the clinic if you have any questions about accessing services.

Waiting Lists

The USC Psychology Telehealth Clinic aims to keep waiting lists to a minimum and clients will be given an appointment as quickly as possible.

About us

The USC Psychology Clinic operates out of the Sunshine Coast Mind and Neuroscience – Thompson Institute. The Thompson Institute is developing into a world-class facility for mental health and neurological research, teaching and clinical services in Australia.



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USC PSYCHOLOGY TELEHEALTH CLINIC





The USC Psychology Telehealth Clinic provides psychological services to adults, adolescents and children using telephone and videoconferencing



Psychological Services

The USC Psychology Clinic utilises a range of evidence-based therapies that have been demonstrated, through research, to effectively reduce psychological difficulties or distress for most people.

The Clinic offers assessment and treatment for a wide range of psychological difficulties and disorders for adults:

- Depression
- Anxiety, stress, panic attacks and phobias
- Anger
- Alcohol misuse
- Social skills and social communication
- Grief and bereavement
- Sleep problems
- Chronic pain

The Clinic also provides assessment for children and adolescents:

- Anxiety and depression
- Family and relationship difficulties
- Behaviour problems
- Impulse control and hyperactivity

We also have a range of services specifically designed to assist with some of the difficulties associated with coping with the COVID-19 pandemic:

- Anxiety related conditions
- Low mood, grief and bereavement
- Parenting and behavior support

The Clinic works collaboratively with GPs, clinicians and other therapists who may continue to work with the children, adolescents or adults who attend the clinic.